

Langlade County AODA House

Langlade County AODA Needs Assessment Findings

- There is a significant alcohol and drug abuse issue in Langlade county and the need for more resources. These issues below are the findings that are at the root of this issue.
 - 1) **Generational Addiction:** A majority of individuals with drug or alcohol addiction have parents who were addicted, and many are creating an environment where their kids are susceptible.
 - 2) **Socialization:** Drugs and alcohol are used as the primary source of socialization for individuals. Typically, each individual's support group primarily consists of alcohol and drug users.
 - 3) **Lack of Hope:** Many of the users feel that they are not able to live an enjoyable life and use drugs and alcohol as a form of short term happiness.

Difference Between a Sober Living Facility vs. Transitional Housing

- **Sober Living Facility:** Sober Living Facilities are group homes that are free of alcohol and drugs for individuals in recovery. They operate like a co-op, where you pay the costs and maintain the home by contributing to the upkeep of the house through rent and chores.
- **Transitional Housing:** A supportive, yet temporary, type of accommodation that is meant to bridge the gap from homelessness to permanent housing by offering structure, supervision, support, and in some cases, education and training. It is meant to provide a safe, supportive environment where residents can overcome trauma, begin to address the issues that led to homelessness or kept them homeless, and begin to rebuild their support network.

| | Sober Living Facility | Transitional Housing |
|--|-----------------------|----------------------|
| Free of Alcohol and Drugs | X | X |
| Sobriety period | X | X |
| Provide treatment options | X | X |
| Transition from substance use treatment program | X | X |
| <i>Transition from prison</i> | | X |
| Targeted to be an extension of intensive treatment | X | |

Characteristics of Sober Facilities to Keep in Mind

- | | |
|---|---|
| <ul style="list-style-type: none"> ○ Treatment Method ○ Gender of House ○ Advisor ○ Method of Accepting Individuals ○ Sobriety Period ○ Rent ○ Food ○ Curfew Restrictions | <ul style="list-style-type: none"> ○ Required Meetings ○ Community Engagement ○ Family visitations ○ Disciplinary Actions ○ Employment Assistance ○ Transportation Assistance ○ Location of Bars, employment, and churches |
|---|---|

Sober Living Facility Model

- **Treatment Method:** Combination of weekly group treatment and individualized treatment with a recovery coach
 - Buddy Program: First month of living in, individuals are expected to leave the house with "senior buddy" for anything other than work.
- **Gender of House:** Typically, organizations begin with one gender then follow suit with an additional house.
 - Recommendation: Female
 - Substance use in women has increased significantly and has increased more than in men. There are more men in the jail; however, significantly more women than in the past.
- **Advisor**
 - Live-In Advisor: Would be present on a constant basis; however, several program directors and managers have expressed a sense of burnout from their live-in advisors.
 - Off-site Housing Advisor: May not be as aware of day to day situations.
- **Individuals Placement and Application Process:** Individuals could be directed to us in 2 ways
 - Applications of individuals would be followed up with a screening of applicants and contacting of references.
 - After talking with Dr. Hulbert from MCW, she recommended screening could hopefully be by someone to determine other mental health issues a patient has. This screening would be paired with a drug screening.
 - To rule out other health issues that required different treatment.
 - North Central Health Care Lakeside Recovery
- **Number of Individuals:** 8 individuals
 - Greater than 8 individuals becomes difficult for staff and individuals to handle.
- **Sobriety Period:** Previous Treatment or 30 days length of sobriety
 - Many homes require a previous treatment plan
- **Food:** Usage of Antigo Community Food Pantry with supplementation from local grocery stores
 - Weekly family meals in which 2 people cook on a rotating basis.
- **Curfew:**
 - Sunday – Thursday 10pm
 - Friday – Saturday 12am
 - No overnight guests
- **Required House Meetings:** Held weekly
- **Visitation:** Saturday's 1-4pm (exceptions made for spouse or mentor)
- **Disciplinary Actions:** Drug Screenings
 - Individualized write up for plan regarding prevention of future drug use
 - 2nd offense warrants removal
- **Employment Assistance:** Joseph Project with Antigo Employers
 - Joseph project is a weeklong jobs initiative program to connect people with jobs.
- **Community Engagement**
 - Requirement of initiating or being involved in 1 community activity per week such as a knitting club, book club, or volunteering at a food pantry

Models of Sober Facilities

Choose Aftercare, Eau Claire WI

- **Treatment Method:** Parole officer requires some to attend, but no formal treatment
- **Gender of House:** Male (8 beds)
- **Funnel of Individuals:** From local church, pastor visits jail and makes recommendations
- **Advisor:** Part time off site, part time repairman, and board to handle oversight
- **Sobriety Period:** Ideally yes, but reality as long as they make a pledge to be sober
- **Rent:** \$450 month, includes utilities and food
- **Food:** Some from local food pantry, some from store, individuals cook independently
- **Curfew Restrictions:** none, no guests overnight
- **Required House Meetings:** Weekly
- **Community Engagement:** None unless disabled and can not work
- **Visitations:** Allowed until 10pm
- **Disciplinary Actions:** For any substance use, a person must leave the house for 3 days and upon return, writes up accountability program and after 2 or 3 times, they are removed from house
- **Employment Assistance:** Work with local resources

Affinity House, Eau Claire WI

- **Treatment Method:** 21 days inpatient, then extended care and work. All in same house for approximately 4 months
- **Gender of House:** Female (18 beds)
- **Funnel of Individuals:** Probation officers make the decision
- **Advisor:** Live in advisor
- **Sobriety Period:** Intensive care at Affinity house
- **Rent:** Decided by Department of Corrections on an individual basis
- **Food:** Provided. Breakfast and Lunch tenants cook on their own. Dinner is catered
- **Curfew Restrictions:** Individuals must be in bed by 11pm
- **Required House Meetings:** 2 NA/AA meetings a week in addition to care
- **Community Engagement:** Some from probation officer; however most get jobs
- **Visitations:** All guests must be approved by probation officer. M-F 11:30am-1pm, weekends 1-5pm
- **Disciplinary Actions:** Random drug screenings decided by agent. If client comes back under the influence they must leave premises. Agent decides if they can stay
- **Employment Assistance:** All independently

Apricity, Neenah WI

- **Treatment Method:** Individual Recovery coaching
- **Gender of House:** 1 male and 1 female (7 beds each)
- **Funnel of Individuals:** Apricity Intensive Treatment facility
- **Advisor:** Live in
- **Sobriety Period:** 30 days or treatment program
- **Rent:** \$350 includes room and board
- **Food:** Food included family meals weekly, tenants cook
- **Curfew Restrictions:** Yes
- **Required House Meetings:** Weekly
- **Community Engagement:** None required
- **Visitations:** Allowed Saturdays 1-4pm
- **Disciplinary Actions:** Drug/alcohol screenings. Individualized accountability plan
- **Employment Assistance:** Apricity Contract Packaging Facilities

Project Turnaround, Wilmar MN

- **Treatment Method:** 2 NA/AA meetings week
- **Gender of House:** Male
- **Funnel of Individuals:** Transitional Housing or Inpatient Care through Project Turnaround
- **Advisor:** No advisor
- **Sobriety Period:** Some form of treatment
- **Rent:** \$190
- **Food:** Individuals purchase food independently from house.
- **Curfew Restrictions:** 12:30am Sunday – Thursday, 1:30am Friday - Saturday
- **Required House Meetings:** 1 weekly house meeting
- **Community Engagement:** None
- **Visitations:** No one allowed in rooms, family members are allowed in common rooms
- **Disciplinary Actions:** Drug Screenings if suspicion of drug use
- **Employment Assistance:** All independently

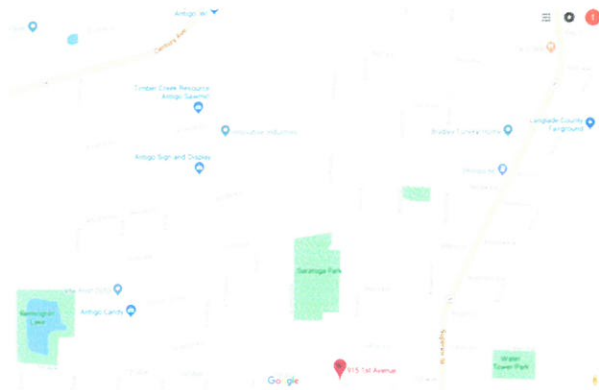
915 1st Ave Antigo, Wi



- Price: \$185,000
- Sq. Ft.: 3,960
- 8 Bedrooms, 2.5 bathrooms
- Heating
- Central Air
- Distance to Downtown: 0.4 miles
- Distance to Industrial Park: 0.7 miles

- Distance to Red Robin Transit: 1 block

| Down Payment | Monthly Rent |
|--------------|--------------|
| 20% | \$1200 |
| 15% | \$1300 |
| 10% | \$1400 |



Without Food Pantry

| Monthly Cost | | 8 People |
|---|----------------|----------|
| Item | Cost | |
| House | \$1,300 | |
| Utilities (cable, electricity, gas, water) | \$400 | |
| Internet | \$50 | |
| Food (no food pantry) and Misc. Supplies | \$1,760 | |
| Individualized and Group Therapy (Medicaid) | \$0 | |
| Programming | \$200 | |
| Community Engagement Fund | \$100 | |
| Total | \$3,810 | |
| | | |
| Incidental Expenditures/Savings (20%) | \$762 | |
| Total Monthly Cost | \$4,572 | |
| Annual Cost | \$54,864.00 | |
| Monthly Cost Per Person | \$571.50 | |
| Annual Cost Per Person | \$4,572.00 | |

With Food Pantry

| Monthly Cost | | 8 People |
|---|----------------|----------|
| Item | Cost | |
| House | \$1,300 | |
| Utilities (cable, electricity, gas, water) | \$400 | |
| Internet | \$50 | |
| Food (food pantry) and Misc. Supplies | \$880 | |
| Individualized and Group Therapy (Medicaid) | \$0 | |
| Programming | \$200 | |
| Community Engagement Fund | \$100 | |
| Total | \$2,930 | |
| | | |
| Incidental Expenditures/Savings (20%) | \$586 | |
| Total Monthly Cost | \$3,516 | |
| Annual Cost | \$42,192.00 | |
| Monthly Cost Per Person | \$439.50 | |
| Annual Cost Per Person | \$3,516.00 | |

| Initial Start Up Housing Costs | | 8 People |
|--|----------------|----------|
| Beds/Sheets | \$2,800 | |
| Desks | \$600 | |
| Dressers | \$400 | |
| Common Area Furniture/Kitchen Supplies | \$1,200 | |
| Towels, Clothes, and Grooming Misc. | \$480 | |
| Total Initial Start Up Housing Cost | \$5,480 | |

| Personal Finances | |
|-------------------------------------|--------|
| Average hourly Pay on Minimum Wage | \$7.25 |
| Monthly Pay at 32 Hours | \$928 |
| Monthly Pay at 32 Hours after Taxes | \$813 |